Meeting with Kyle (02/02/23)

**Information in Clients Page**

* Hitting calories Tick or X very good feature, can quickly see a breakdown of where they went wrong during the week
* Could be good to click into and expand to see the exact intake for each day
* Goal could be changed to Weekly Target, which the trainer sets at the end of catchup meeting, visible to both trainer and client

**Is everything required for a catchup meeting and opinions on a button to start meeting, cant change page**

* Yes
* Would be a good feature, would leave me confident that I have everything prepared for meeting

**Trainer Mobile – Any added features**

* Don’t feel need for mobile version, so wouldn’t focus too heavily on it
* I carry my work out on the laptop, so would focus on getting it as good as possible

**Top of Clients going to be weekly averages or weekly total?**

* Weekly Averages. It is the more useful stat even if there are outliers. Gives a better representation.

**What information should be stored about trainers e.g. Qualifications**

* No need to store, this is on trainers social media etc. which is what is used to find more clients, more so than an application such as this

**Client Motivation Suggestions**

* E.g. Train Heroic
* Shows total weight over sessions of the whole week, aim to beat that the next week
* Push notifications when a personal best has been beat